

Psychology Internship

Psychiatric & Drug & Alcohol Programs

Commencing Early November 2015

St John of God Pinelodge Clinic is proud to offer a twelve-month Psychology Internship. This Internship provides an opportunity for students to gain experience working within both the Psychiatric Unit as well as the Drug and Alcohol Unit. Because these Units are run separately, and are independent of each other, this 12-month Internship can be counted as two separate placements.

The Internship is a highly structured placement in which students are required to attend the program two full days per week. There is some flexibility around which two days of the week this will be.

What Pinelodge Clinic Offers

- All Interns will attend a full week introduction and orientation to Pinelodge Clinic. During this time they will also be oriented to relevant Administrative Procedures, Risk Management, and Occupation Health & Safety.
- Students will receive training in developing group therapy facilitation skills and session plans for both psycho-educational and reflective groups.
- Students will develop engagement building skills as well as relevant therapeutic interventions and case formulation skills for one-to-one therapy.
- Students will have the opportunity to work with patients experiencing a wide range of disorders as well as dual diagnosis presentations.
- Students will gain experience working within a multi-disciplinary team within an acute hospital setting including out-patient programs.

- All Interns will receive one hour of individual supervision and one to two hours of group supervision per week delivered by a senior Clinical or Counselling Psychologist.
- Students will be exposed to a variety of specialised therapeutic modalities including: Motivational Interviewing, Acceptance and Commitment Therapy, Dialectical Behaviour Therapy, Sensorimotor Psychotherapy, Cognitive Behaviour Therapy, Mindfulness, Psychodynamic Psychotherapy and Drug and Alcohol Relapse Prevention.
- In the early stages of the placement students will observe experienced group facilitators for up to four weeks, and then transition into a co-facilitation role of in-patient therapy groups for a further four to six weeks. After demonstrating adequate skills and knowledge, students will move into a sole facilitation role.
- The Therapy department has numerous resources available to Interns, including books, DVDs, and publications relating to specific therapeutic modalities and diagnoses.
- Students will have the opportunity to be a part of a dynamic and extremely cohesive and supportive therapy team.

Who is suitable for the program?

Students enrolled in either 2nd or 3rd year Masters or Doctorate programs who can demonstrate clinical interest and suitability for working with a challenging population, in a fast paced environment. Candidates must demonstrate the core values of St John of God, namely;

Compassion, Respect, Justice, Excellence and Hospitality.

How to apply

Please send your resume and covering letter to either:

Susan Cavarra (Counselling Psychologist) (General Psychiatric Therapy Programs Manager) susan.cavarra@sjog.org.au

Manal Darwish (Clinical Psychologist) (Drug and Alcohol Program-Therapy Manager) manal.darwish@sjog.org.au

Please feel free to call on (03) 8793 9444 to discuss any aspect of the Internship.

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