



Psychology Week 2016

6-12 NOVEMBER #psychweek

NATIONAL PSYCHOLOGY WEEK @UNIMELB

Monday 7th ~ 1.30pm - 2.30pm

Free Yoga Class

MindBody Studio, UoM Sports Centre, 103 University Dr

Tuesday 8th ~ 3 - 4pm

Tips for Wellbeing & Afternoon Tea

Level 2, Kwong Lee Building, Queensberry St

Wednesday 9th ~ 6 - 7pm

Public Lecture: Finding Ways to Thrive ([Register](#))

Showcase of Positive Psychology in the Marketplace (5pm - 7.30pm)

Sidney Myer Asia Centre B02 (Carrillo Gantner Theatre), 761 Swanston St

Thursday 10th ~ 12 - 1pm

Wellbeing @ Unimelb: Student & Staff Symposium & Lunch

Raymond Priestley Room, Union House

Mindfulness session

Dulcie Hollyock Room, Bailleau Library

Friday 11th ~ 9.30 - 1pm

Staff Workshop: Enhancing Wellbeing and Managing Stress (CAPS)

Alan Gilbert Rm 704 ([Register](#))

FOR MORE INFORMATION ~ CENTRE FOR POSITIVE PSYCHOLOGY

T: (03) 8344 0082 ~

E: MGSE-POSPSYCH@UNIMELB.EDU.AU ~ F: [FACEBOOK.COM/UOMPOSPSYCH](https://www.facebook.com/uompospsych)



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