

Participant Information and Consent Form

Short Name of Project	'Our Health' Study
Full Name of Project	Px4 Health Initiative Community Cohort – Personalised, Precise, Predictive, Preventative
Principal Investigator	Dr Julian Simmons (Responsible Researcher)
Study website	https://psychologicalsciences.unimelb.edu.au/research/ourhealthstudy
Study contact email	ourhealth-study@unimelb.edu.au
Project Sponsor	The University of Melbourne
Site Name	Participant Assessment Centre (PAC) at the Australian College of Optometry, Carlton



What am I being invited to do?

We invite you to take part in the *'Our Health' Study*, which explores how different factors contribute to health, wellbeing, ageing and disease. The factors that are considered include the environment, lifestyle, body function and genetics. By taking part, you'll also help improve the tools and methods researchers use to understand health in our communities.

Up to 1,000 adults aged 25 to 70 years will be invited to participate in this comprehensive study of health and lifestyle. Participants will include people who are in good health, as well as those with existing health conditions. This diversity will allow for a broad and inclusive understanding of the health experiences of people across the community. To be eligible for participation, you must:

- Have no acute illness (for example you must not have an infection at the time of participation)
- Not have undergone major surgery in the past 3 months
- Be able to fast (i.e., not consume food, caffeine, or any drinks other than water) for 4 hours prior to a study visit
- Be able to understand written and spoken English
- Be able to understand what is involved and give consent to take part
- Have Australian citizenship or permanent residency

This study will help us to better understand the different things that contribute to the health of the community. We hope to talk with lots of different people who would like to help us with that mission, and who would (perhaps) like to learn more about health and lifestyle in the process!

Please read this document and feel free to contact our team at ourhealth-study@unimelb.edu.au with questions that you have. You can take time to decide if this study is right for you. You may also wish to discuss it with someone you trust, like a family member, friend, or health care provider.

If you decide to take part, we will ask you to sign an online consent form as a record of your decision. A copy of the consent form is at the end of this information.



What is the purpose of this study?

In this study, we are collecting information and measures of health, daily habits, body structure and function, as well as genetics to understand what influences health. These measures include:

1. **Physical health measures** (such as blood pressure; height, weight and waist measures; bone density scans; hearing tests; and lung tests). These can tell us about how the body is functioning.
2. **Surveys and information collected from smart phones and smart watches** (e.g. Fitbit watches). These can tell us about people's experiences, lifestyle, environment, and habits.
3. **Biological samples** (such as blood, saliva, plaque, faeces [poo], and urine). These samples provide insights into body function and genetics. Also, they can tell us about the activity of bacteria within the body!

These factors all play important roles in health and provide information about the experiences of wellbeing and ageing in the community. Some of the biological samples will have routine tests carried out on them, like blood tests you may get at your doctors. Others will be examined for the things that make up and influence the cells in our body, including proteins, DNA, and other small molecules.

In future, we are hoping to extend this study and recruit 10,000+ people – our aim is that any willing adult could contribute to this research. By collecting such rich and detailed information from a large and diverse range of participants, we aim to advance the prevention, diagnosis, and treatment of a wide range of health conditions. This approach requires lots of people to take part, and lots of information over time to help us understand of how people's similarities and differences contribute to health throughout their lives. We hope to inform and improve personalised and preventative healthcare, where prevention and treatment is tailored to an individual's unique biology, lifestyle and needs. We also hope to contribute information that leads to improvements in individualised healthier ageing.



Do I have to take part and can I change my mind?

Taking part is up to you

You get to decide whether you take part in this study. You can choose not to participate at all.

Your decision will not affect your relationship with any member of The University of Melbourne, its staff, research partners, or any of your health care providers.

You can change your mind at any time

If you do take part, you can change your mind and choose to stop at any time. If you want to stop during the in-person visit, please talk to one of the research team. If you are at home, please contact us at ourhealth-study@unimelb.edu.au. You do not have to tell us why you are choosing

to stop, but anything you can share helps us to better understand the experiences of participants, improve how we run the study, and respect your wishes as much as possible.

If you stop taking part, we will not collect any more information about you. You may be happy for us to continue using all (or some) of the information and samples that we have already collected, or you may prefer that we delete any unprocessed information. We encourage you to complete a '*withdrawal from study*' form, which tells us what your wishes are. This form will be emailed to you if you let us know that you want to withdraw from the study.

It is important that you understand that if you choose to stop later, we may not be able to delete some information collected from you (or your samples), if it has already been processed or included in a report (e.g., after your de-identified data [that does not identify you] is published in a scientific paper). This is because the information may have been combined with other data, and it is important that our study findings can be checked and confirmed in future.

The study might stop for other reasons

We might need to stop the study, or a specific activity while you are taking part. We may also ask you to stop taking part in the study for another reason (e.g., if you become unwell during your participation). If these things happen, we will discuss them with you.



What do I have to do if I take part?

If you do take part in this study, you will be asked to complete some activities at home and some at the 'Participant Assessment Centre' (PAC), located in Cardigan Street, Carlton. With your permission, we may also invite you to take part in follow-up and related studies in the future.

In summary, we will ask you to fill in some pre-visit information and online questionnaires in the 2 weeks leading up to your study visit (approximately 1 hours' worth). The assessment visit at the PAC will take about 4 hours (half a day). Following the visit, there will be some further activities and questions for you to complete at home that may take approximately 3 hours across two weeks. So, the total time commitment could be up to 8 hours over 4 weeks.

The table below outlines the different assessments that will be conducted (more information on each measure is provided [here](#)). Please note that it is possible that we may not ask you to complete all assessments, and that the assessments may need to be completed in a different order than listed below. We will discuss with you any changes, including the reason(s) for any changes (e.g., a piece of equipment is undergoing maintenance and is unavailable on the day of your study visit). Where possible, we will discuss these changes with you before your visit.

What part of the project?	What do I have to do?
Initial eligibility check and consent (15 minutes approx.)	<p>First, you will read this document and complete an online eligibility and consent form.</p> <p><i>**It is our aim that participants be as informed as possible about the study and what's involved. While there will be opportunity to ask questions at your visit, we do encourage you to thoroughly read this document, plus the 'Participant Information Booklet'. Please contact the research team at ourhealth-study@unimelb.edu.au if you have any questions.</i></p>
Book your study appointment for an onsite assessment (5 minutes approx.)	<p>You will then be contacted by research staff and/or given direct access to our online booking platform for your onsite study visit. You will be able to choose an appointment date and time that suits you out of the available time slots.</p> <p><i>**Appointments via the online platform need to be made at least 2 weeks in advance. To enquire about the availability of appointment slots at shorter notice, please contact our research team directly at ourhealth-study@unimelb.edu.au.</i></p>
Pre-visit questionnaires (1 hour approx.)	<p>We will ask you to complete a series of online questionnaires around 10 days prior to your visit. Questions will assess information about you and your background, experiences, lifestyle, and various aspects of your health and healthcare.</p>
Onsite assessment at the PAC (4 hours approx.)	<p>On the day of your study visit, we will ask you not to eat or drink anything (other than plain, unflavoured water), and to not smoke, vape, chew gum or brush your teeth <u>for at least 4 hours prior to your visit.</u></p>
1. Overview	<p>At the start of your visit, a staff member will go through the parts of the study in as much detail as you need. You can ask questions about the study. We will confirm your consent before proceeding.</p>
2. Collection of samples and oral exam	<p>We will then collect blood and saliva samples from you, as well as an oral exam and dental plaque collection (using a cotton swab).</p> <p>You will be asked to collect a small urine sample, in private, when you are able.</p>
3. Physical measures (fasted)	<p>We will ask you to complete some physical measures, including height, weight, waist and neck measurements; an electrocardiogram (or 'ECG'; a brief heart rhythm monitor); blood pressure measurement; bone density and body composition scans ('DXA' or 'DEXA' scans); and non-invasive, ultrasound-based measures of both your liver stiffness (elastography) and the thickness of the inner layers of the carotid arteries in your neck.</p>

(Snack Time)	<p>We will then offer a snack break, with food and drink provided (you can let us know if you have any dietary requirements when you book your appointment). We do ask that you do not have coffee or caffeinated tea until later in the visit.</p> <p>You can also request a break at any time.</p>
4. Questionnaires and tasks	<p>We will ask you to complete some more questionnaires on a provided iPad. Questions will assess information about your lifestyle, and physical and mental health. There will also be some tasks that test your memory and attention.</p>
5. Health interview	<p>You will take part in a brief health interview with a staff member.</p>
6. Physical measures (non-fasted)	<p>To end the visit, you will be asked to complete some further physical measurements, including: blood pressure; sit-to-stand and hand grip strength challenges; and measures of breathing, hearing and eye health. Again, we will tell you more about each measure before proceeding. Most measures will be automatically recorded and will not be visible to you.</p>
<p>Home assessment</p> <p>(2-3 hours total)</p>	<p>The final part of this study will assess lifestyle, behaviour and health over 2 weeks at home.</p> <p>This will be done using a provided, wrist-worn Fitbit smart watch (measuring your physical activity, sleep, and heart rate) and a smartphone (iPhone or Android) app (collecting information on GPS location, keyboard input, screen-time/app usage, and call frequency). These assessments will occur automatically while you are wearing the watch and carrying your mobile phone. You will be asked a few questions in the app once per day, but they will only take a few minutes to complete.</p> <p>At the start of the 2-week period, you will also be asked to complete a diet questionnaire (online, 15 mins), collect a faecal (poo) sample and complete a brief, related questionnaire (online, 10 mins) at home.</p> <p>We will ask you to return the faecal sample (preferably on the same day you have collected it), and then the Fitbit device at the end of the 2-week collection period. We will provide express pre-paid envelopes for these returns, but may arrange a courier to collect from you if necessary.</p> <p>After the 2-week period, we will ask for you to complete a brief survey on how you found participating in our study, and where you think we could improve</p>



What are the benefits of taking part?

Participant payment/costs

There are no additional costs associated with participating in this study. You will receive a \$50 gift voucher of your choice (www.giftpay.com.au) contributing towards your parking/transport fees and other incidental costs. This voucher will be emailed to you following the return of all study materials and equipment, about two weeks after the home assessment period.

While many people do get enjoyment from contributing to important health research, you might not directly benefit from taking part in this study. However, by participating, you will help researchers understand more about health and disease, which may improve health care in the future. You will also help us to understand more about how health research is conducted – which will help us to improve participant experience.

With your consent (and where assessments are completed), we will be able to **provide you with an individual report on some of your results** (e.g., in relation to your bone density, body composition, physical function, diet, oral health, and eye and ear screening results) soon after the completion of your study participation. You can choose what results you'd like from a list we will provide. Reports will include some current scientific information, particularly related to health. For some of this information, indicators will be provided on how your results fit the recommended or typical range for your age, and if follow up with a particular healthcare provider (e.g., dentist; GP) is recommended. We will not share these reports with anyone else, including your doctor, but you may choose to do so yourself. These reports will be provided to you free of charge.

Please note that all assessments and reports are done for research purposes, and by research staff. **Staff cannot provide medical advice to you at any point during your participation.** These assessments cannot be used by you or research staff to confirm or diagnose a health problem - but they may indicate to your healthcare provider where follow-up or further tests may be advisable.

You can choose to be informed of the overall study results by opting-in to receive study updates from The University of Melbourne. Study updates will provide information on study progress and key findings, including links to study publications (e.g., peer-reviewed journal articles, media coverage). Please note that you will not be identified in any publication that may follow on from this research – we will only ever report on group results for this study, not your individual information or results.



What are the risks and discomforts of taking part?

There are potential risks to you from taking part in this study.

Risk from the blood draw

The collection of blood from your arm may cause some pain when the needle goes in and there is a small risk of bruising and/or infection at that site; some individuals may also get lightheaded,

nauseous, or faint. These are similar to the risks involved with having a blood test with your doctor. Please let us know if you have had trouble with previous blood draws. Please let us know if you have had trouble with previous blood draws. To reduce these risks, only a modest amount of blood will be drawn (up to ~50 mL, or 2.5 tablespoons) by our qualified research staff. Our staff will confirm your willingness before taking any blood.

Risk of contamination

We will ask you to collect some biological samples of some of your body fluids and substances (saliva, urine, faeces) at your study visit or at home soon after. There is a risk that you may have contact with your samples during collection. You will be provided with detailed verbal and written instructions on safe collection techniques and provided with a collection kit that will include the necessary equipment to facilitate a quick, clean collection. Disposable gloves and antibacterial wipes can also be provided upon request. Handwashing and bathroom facilities are available to use during your study visit, and we recommend other samples be collected in the privacy of your own home.

Exposure to radiation

We include a bone density and body composition assessment in this study called a DXA scan (pronounced “dexa”). DXA uses a very low-dose, localised X-ray beam to produce images and assess the make-up of your bones and soft tissues (i.e., bone density, muscle, fat, water).

The amount of radiation delivered to a participant during the scan is less than that of a normal X-ray (like you might have for a broken bone), and is more like the amount of background radiation you would be exposed to at altitude on a 6-7 hour flight (e.g. Melbourne to Bali, approximately). More information [here](#).

Although the amount of delivered radiation is very low, DXA will not be appropriate for everyone (e.g., pregnant participants). **If you are pregnant, might be pregnant, or if there is another reason that makes you unsure about your suitability for a DXA scan, it is important that you let a researcher know before the start of your study visit.** We can then modify your participation plan.

Chance of discomfort

The body measures (e.g., oral exam; heart monitor; DXA scans; measurements of height, weight, and waist) and collection of biological samples (urine, saliva, blood, plaque, and [at home] faeces) are not generally distressing but could be unpleasant or embarrassing. We will conduct all assessments in appropriately private spaces. For certain measurements, you may be asked to lift your top or to have sensors placed on you, or to change into lightweight clothing. We will prioritise your privacy and comfort during these procedures. We’ll explain all procedures prior and are happy to answer any questions you might have.

Chance of distress

The questionnaires completed during your visit cover sensitive topics relating to mental health, stressful life events, and recreational drug/alcohol use, which may cause you distress. If this does happen, you can take a break or stop the questionnaires at any time. You do not have to answer any questions that you do not feel comfortable with.

Please alert a researcher should you experience any discomfort or distress related to or during your participation. If you experience any distress following your visit, please contact research staff

and/or your local health care provider. Each participant will receive an information sheet with contact details for various health and mental health support services.

Privacy Concerns

We are collecting a wide range of detailed information in this study, and that may raise privacy concerns for you. Your participation may include using a smart phone app (Ksana Health EARS) to collect GPS phone location data to explore relationships between health and the environments in which participants spend time. Also, we may request to collect the text that is typed into phones during daily use, as this allows us to analyse how the types of words we use are related to our mental health, physical health and behaviours. This data will be analysed through computer-based processes, rather than any person looking at your locations, text or other research data.

Please note that the current study is **mostly a de-identified study**, where information will not be linked back to you, except for the three following specific cases:

- A. You request an individual report about your results**
- B. We identify that there is a potentially significant health/wellbeing concern, which includes if there is a serious risk of harm to you or another person**
- C. If we have a legal obligation of disclosure (e.g., if information is subject to Victoria's Child Protection Mandatory Reporting Framework, or we are ordered by a court to release information).**

More information about B and C are provided below in 'Return of Information', and 'Sharing your information with others'.

Breach of confidentiality

Any information collected for this research study will be treated as confidential. Information can only be disclosed with your permission, except as required by law. For example, confidentiality may need to be broken if you share information indicating a threat to your own or others' safety.

Data security breach

A data security breach occurs when unauthorised access is gained to the data we have collected, potentially exposing personal and sensitive information. Recognising the sensitive information that will be collected, stored and processed, the risk of a data security breach will be minimised using rigorous protocols. Access to identifying information and study data is tightly restricted to only necessary researchers who will require the use of multifactor authentication to gain access for the purposes of their work. Contracted service providers engaged by this study have also been assessed per the University's [Privacy](#) and [Information Security](#) policies.

Return of information

As noted, you will have the option of having an individual report sent to you following your study participation. Reports will outline the results of some of the assessments completed during your study participation, as well as further general information. You can choose what you will receive out of the results that are available. Your report may indicate if certain results fall outside of normal/typical ranges, along with any relevant recommendations. Our assessments are all

research based and should not be interpreted as medical tests or diagnosis of illness. However, they may indicate if something should be followed up, such as with your GP or dentist.

If you do choose to follow up, it is possible that you may incur out-of-pocket costs (e.g., for tests, consultations) if any care is not covered in full by Medicare. It is also possible that this information may affect your ability to secure different insurances (e.g. life insurance; travel insurance) and/or to make insurance claims in future. **You may choose to decline receiving an individual report for this reason.**

Please note, however, that even if you choose **not** to receive an individual report, **there may be instances of an urgent or critical nature where we would need to return information to you or another appropriate person** (such as if we identify a serious [potential or actual] risk to your health/wellbeing/safety - or that of another person). Please see [here](#) for examples of serious potential health/safety risks, where we would have a duty of care to feedback our findings. **You may choose not to participate in this study for this reason.**

If I take part, what will happen to my information and samples?

Collecting your information

We will collect information for this study directly from you, and through our partner services - [Melbourne Health Pathology](#), [Australian Eating Survey](#), [Ksana Health](#), and [FitaBase](#). All information stored will be linked to a unique code - also known as an identification number - that is created for you. This de-identification means data will not be linked to your name or contact information (i.e., stored anonymously); excluding the three cases noted above (i.e., A. Individual report, B. Health/safety concern, C. Legal requirement).

The only other exception to this is the FitBit watch data collection, as FitBit requires you to have your own online account. You will always be in control of the account. We will ask to have access to some data in that account during the two weeks you are wearing the watch (more information below).

We recommend that you review the privacy policies of our third-party partners [here](#) to understand how they manage personal information. As noted, all partners and processes have undergone a comprehensive privacy, cybersecurity, and information management review process, and been given a low-risk rating by the University of Melbourne.

Keeping your information safe

To keep your information safe, we will:

- Follow all relevant privacy requirements
- Keep it securely stored on The University of Melbourne's dedicated research data storage platforms, including MediaFlux, Sharepoint, CEPH and related approved electronic databases
- Take steps to prevent anyone from accessing information that identifies you unless they need to and are authorised to do so, for example, to check it in an audit
- Give it a code and keep it separate from anything that could easily identify you, like your name or contact information

- Require our partner services to delete all information after the completion of the study as part of the contract of service

You can ask us to tell you what information we have collected about you as part of this study. You can also ask us to correct any mistakes in this information.

Please note that we will keep your de-identified research data for an indefinite number of years. This is an important part of any research project, so that the accuracy of our findings can be demonstrated. Regular security audits and upgrades will be implemented to ensure your information remains safe in the future.

Keeping your biological samples safe

We will keep your biological samples safe by:

- Giving them a code immediately and then keeping them separate from anything that could easily identify you, like your name or contact information.
- Initially storing them on-site at the PAC, and then transferring them under strict protocols to nationally accredited laboratories (at the [Royal Melbourne Hospital](#), [Murdoch Children's Research Institute \(MCRI\)](#) and the [Bio21 Institute](#)) for expert processing, analysis, and storage.
- We may also send your samples to accredited external facilities within Australia to be tested, like the [Australian Genomics Research Facility](#). All samples will be labelled by code and not linked to other data that could identify you. Any remaining samples will be returned to MCRI for storage, where they will be retained indefinitely.
- We will keep samples until they are depleted or no longer of use; after this, we will destroy any leftover samples, or you may request that we destroy them.

Future genetic research and privacy

Future genetic research may be conducted as part of this study. This means using the DNA from samples to investigate specific genes and gene combinations to examine relationships with the other health data collected. As genetics is a fast-growing field, your DNA could also contribute to new research areas that we have not even considered yet.

The types of genetic analyses conducted in this project are **not intended to provide information about your future health, the health of your family members, or the risk of having children with a genetic disorder. Please note, we are not able to provide you with any individual results from the genetic analyses of your samples at this stage.** As a result, we do not reasonably expect that it will have any consequences for your future insurance or employment.

You have the choice to decide if future genetic research is conducted using your samples. If you do give us permission but later decide to withdraw that permission, you can contact the study team at any point and request that any unprocessed samples be destroyed and not included in future research. A risk of genetic research is a potential loss of privacy. We take strict precautions to safeguard your confidentiality, privacy, samples and data. However, it is possible that someone could gain unauthorised access or break into the system that holds your personal data. In this circumstance, someone may be able to learn something about your health if your genetic information is able to be linked to your personal details. There might also be additional privacy risks that we have not considered.

We will take all reasonable steps to protect you from this risk, such as using unique identification codes and passwords, de-identifying samples and data, and by restricting and monitoring access to research databases and all related university systems.

Sharing your information with others

As noted, we will not release your data to your doctor or anyone else, except in the following specific circumstances detailed below:

Sharing unexpected health results with your health care provider - if an immediate and serious health concern is indicated by your assessment results (such as in blood pressure readings, bone density, heart rate, oral health concerns, or blood test results), we can provide you with a letter for your medical practitioner and recommend how soon you should follow up with them. It will be up to you to decide if you do so, and whether to share this information with your doctor or anyone else. Please note that these are not medical tests and there may be a delay in you receiving information from us. **If you have any health concerns, please speak with your healthcare provider or hospital emergency department (if urgent).**

Legal requirements to share your information - in certain circumstances, consistent with privacy legislation, university policy, and mandatory reporting frameworks, we may be legally required to share some of your information with others. For instance, if you share information indicating there is a threat to your own or others' safety, we may be required to disclose this to relevant services.

Getting more information

If you would like to know more about how we will collect, store, and may use your information and samples as part of this study, please feel free to contact the study team at ourhealth-study@unimelb.edu.au.



How may my information and samples be shared in the future?

The information collected in this study will only be accessed and managed by approved study investigators. We do ask you to consider allowing your information, including your biological samples, to be used in future health-related research conducted by the study team at The University of Melbourne. Future use of your information in this way can help make all research more effective and deliver benefits to communities.

When we access information and biological samples for future research, we take steps to make it difficult for anyone to link the information back to you. This includes removing information that could easily identify you, like your name or contact information. There is still a very small chance that someone could identify you again.

If you agree to the future use of your information and samples, you will not be specifically informed about the future research projects. However, you will be able to see the types of research projects with on our website and in any published study updates. Future research will only be conducted after appropriate ethical approval from a human research ethics committee has been received.

If you change your mind, you have the option to ask us to stop the future use of your information and samples. However, information or samples that have already been processed and studied may not be able to be retrieved or destroyed.



Who is running and paying for this project?

This study is being run by the Faculty of Medicine, Dentistry and Health Sciences (MDHS) at The University of Melbourne.

This project is being funded by the Australian Federal Government through a Medical Research Future Fund Grant (NCRI000043), The University of Melbourne (including the Melbourne School of Psychological Sciences, Melbourne School of Biomedical Sciences, & Melbourne Dental School), and philanthropic grants from Thermo Scientific and Bioplatforms Australia.



Who has approved this project?

The Human Research Ethics Committee of The University of Melbourne (Project ID: 28434) has approved this project. This committee makes sure that this project meets Australian ethical standards for research that involves people.

Complaints about how this study is being run

If you have any complaints about how this project is being run that you do not wish to discuss with the research team, please contact:

Research Integrity Administrator, Office of Research Ethics and Integrity,
The University of Melbourne, VIC 3010.

Tel: +61 3 8344 1376 or Email: research-integrity@unimelb.edu.au

All complaints will be treated confidentially. In any correspondence, please provide the name of the research team and/or the name or ethics ID number of the research project.



Where can I find more information?

Thank you for taking the time to read this information about our study. You can contact a member of the study team at any time to ask questions.

- Study Website: <https://psychologicalsciences.unimelb.edu.au/research/ourhealthstudy>. A complete list of investigators and the research study team are provided.
- Study Team email address: ourhealth-study@unimelb.edu.au
- More study resources and information available at:
<https://psychologicalsciences.unimelb.edu.au/research/ourhealthstudy#about>

Dr Julian Simmons (Responsible Researcher): (03) 9035 8318; email: jgs@unimelb.edu.au

You can also visit our website or ask us for copies of:

- [Participant Information Booklet](#)
- [Information Sheet for Health, Lifestyle and Crisis Services](#)
- [Participant Journey Map](#)

Signature Page

Full Name of Project	Px4 Health Initiative Community Cohort – Personalised, Precise, Predictive, Preventative
Principal Investigator	Dr Julian Simmons (Responsible Researcher)
Project sponsor	The University of Melbourne
Site Name	Participant Assessment Centre (PAC) at the Australian College of Optometry, Carlton

Consent to take part in this project

By signing this consent form, I acknowledge that:

- I freely agree to take part in this project
- I understand that I can stop taking part in the project at any time
- I have read, or have had read to me, the information provided about this project and understand what is involved
- I have had the opportunity to consider the information, ask questions and am satisfied with the answers I received
- I understand that my personal information including any health information collected will be processed according to the Participant Information and Consent Form
- I understand that the researchers may need to pass on information relating to my study assessment results if a (potential or actual) risk to my health/wellbeing/safety (or that of another person), that is considered to be of a serious or critical nature, is identified

Consent to optional parts of the project	Yes	No
I consent to genetic analyses being performed on the samples I provide, such as blood and saliva.	<input type="checkbox"/>	<input type="checkbox"/>
I agree to my information and samples being collected, stored, and used for future related research by the Study investigator team at The University of Melbourne	<input type="checkbox"/>	<input type="checkbox"/>
I consent to being contacted about potential future follow-up assessments	<input type="checkbox"/>	<input type="checkbox"/>
I consent to receive general information and results of the assessments that I complete during my participation in the form of a 'Personalised Report'	<input type="checkbox"/>	<input type="checkbox"/>

Person taking part in the project

Signature: _____ Date: _____

Name: _____