

Our Health Study –
Return of Urgent or Critical Study Assessment Results:

- As a participant in the 'Our Health Study', you may choose to receive some results from the assessments (e.g., blood test results; hearing test results) that you complete during your study visit.
- Sometimes, your study assessments might show a need for you to follow up with a healthcare provider (e.g., your GP, dentist, or optometrist).
- We will be able to discuss some of these results with you during your study visit (e.g., your blood pressure), while others ***may take a few days or weeks to become available*** (e.g., blood test results; DXA/Bone Mineral Density results).

If you have any concerns regarding your health, we recommend that you see a healthcare provider (e.g., GP) rather than waiting for your study results to be returned.

In an emergency, please dial 000.

If you choose not to receive study results:

- There are some urgent/critical cases where ***we will still need*** to tell you, or someone else, about that result.
- We would only do so where results indicated a potentially significant health or safety risk.
- There are some examples outlined in the table below:

<i>Study assessment:</i>	<i>Example of problem seen:</i>	<i>Reason for follow up:</i>
Blood tests	Very high blood sugar level	High blood sugar levels can indicate diabetes or risk of diabetes
Heart screen	Extremely high blood pressure	Very high blood pressure can be associated with increased risk of heart attack or stroke
Heart screen	Abnormal heartbeat pattern	Heart rhythm abnormalities may indicate a problem with the heart, which may increase the risk of heart attack or stroke
Dental (teeth) check	A tooth abscess (major infection)	Major dental infections need urgent treatment, and require assessment and management by a dentist
Mental Health surveys	Your answers show a possible risk to your safety (or someone else's).	Indications that a person may be at risk requires appropriate mental health assessment and assistance
Eye test	A possible bleed is seen in the internal layers of your eye	Urgent assessment by an eye specialist is needed as there may be a risk to eyesight.

We encourage you to touch base with our study team at ourhealth-study@unimelb.edu.au with any questions you may have.