



# SAA 2020 AUSTRALIA PROGRAM

15-17 January 2020

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## Welcome to SAA 2020, the *Society for Ambulatory Assessment's* first conference held in Australia.

We are very excited to be joined by leading ambulatory assessment researchers from a range of disciplines, from around the world for this exciting three-day conference. A special welcome to our three keynote speakers, Professor Simine Vazire (UC Davis), Professor Nicholas Allen (University of Oregon), and Professor Andrew T. Campbell (Dartmouth College).

We also extend a warm welcome to all our international, national, and local presenters and attendees. We hope this will prove to be a stimulating, productive, and enjoyable conference for everyone.

The conference will take place in the architecturally award-winning Arts West building at the University of Melbourne. Over the next three days, we will hold a series of keynote lectures, thematically grouped individual talks, symposia, flash-talks and workshops.

Conference sessions will be held in the basement (Level B1) and on Levels 1, 3, and 5 of the Arts West Building. Where possible, presenters are encouraged to load their talks onto the room computers before their allotted time (during breaks).

Morning tea, lunch, and afternoon tea will be served each day in the Atrium (ground floor of the Arts West building) and the SAA 2020 conference will conclude with a dinner at the Woodward Centre, University House (please note that dinner ticket sales are now closed).

View the full SAA2020 aus program online at [www.saa2020.net](http://www.saa2020.net) under the 'Program' tab. The full program is an accessible Google Sheet which you can save and view on your device at any time.

We hope you will enjoy all that Melbourne's vibrant cultural and culinary scene has to offer during your stay. For tips about where to eat and drink around the conference venue, please visit [www.saa2020.net](http://www.saa2020.net) and go to the "Plan your visit" tab.

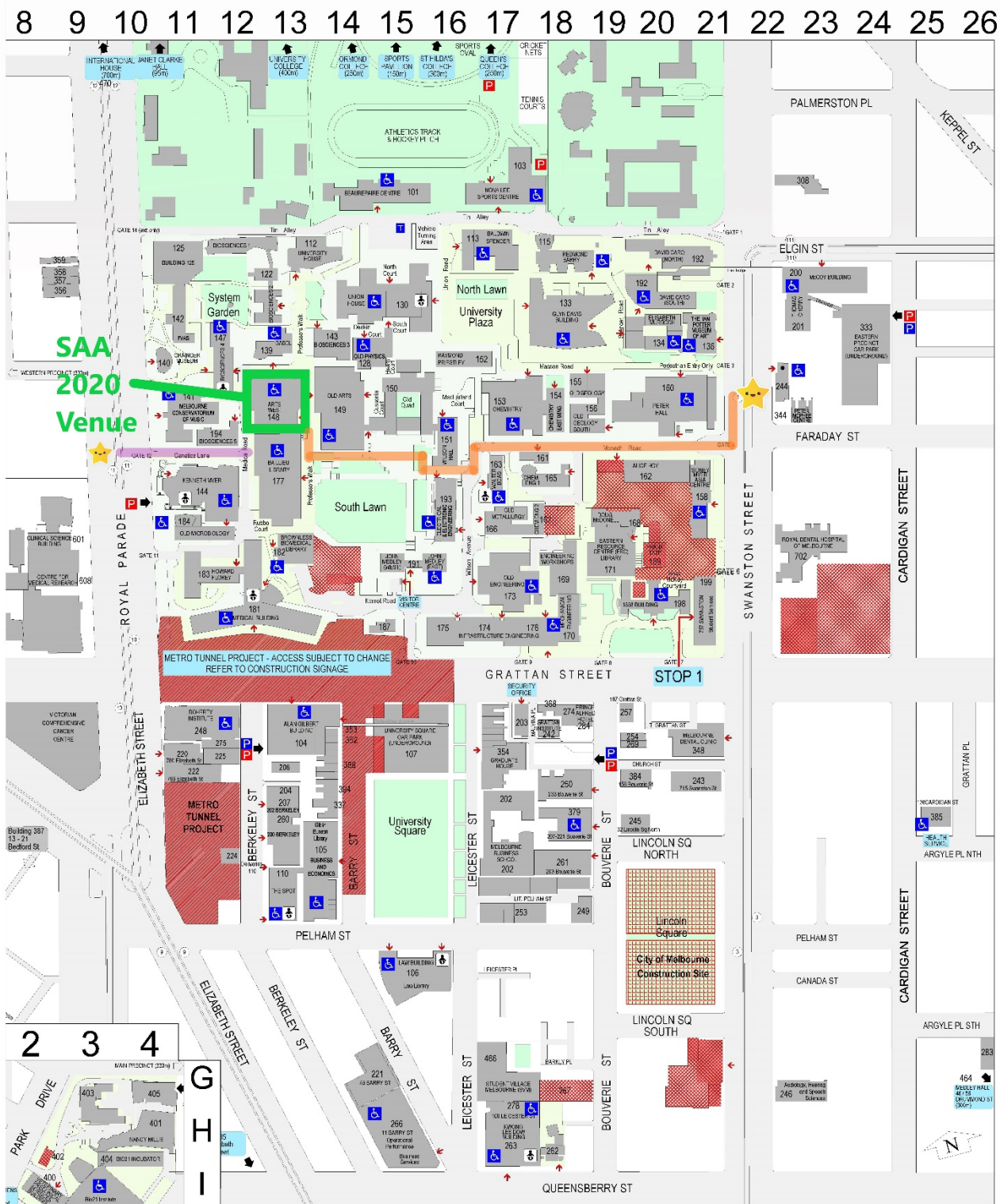
Should you have any questions or require any assistance, please do not hesitate to contact a member of the conference organizing committee (look for people with a gold star sticker on their name-tag) or our volunteers (look for people with name-tags on blue lanyards).

Sincerely,

*SAA 2020 organising committee:*

Pete Koval (University of Melbourne), Nerisa Dozo (University of Melbourne), Elise Kalokerinos (University of Melbourne), Haisu Sun (University of Melbourne), Imogen Bell (Orygen), Jessica Hartmann (Orygen), Matthew Fuller-Tyszkiewicz (Deakin University), Michael Diamond (University of Melbourne), Naomi Kakoschke (Monash University), Paul Liknaitzky (Deakin University), Ru Ying Cai (Autism Spectrum Australia) & Simon De Deyne (University of Melbourne)





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- ♿ Parenting Room
- ♿ Wheelchair Accessible Toilet
- ♿ - All Gender Toilet (For more information contact Stop 1)
- 111 Tram Stop Number
- University Construction Site - No Access
- P Public Parking
- P Permit Only Parking

Tram Stop

Conference Venue



The University of Melbourne acknowledges the Wurundjeri people as the traditional custodians of the land on which this campus is situated.

0 10 20 30 40 50 60 70 80 90 100m

230 Grattan St, University of Melbourne, 3010.

Map created by Business Services - 16th July 2019



## University of Melbourne Wi-Fi access

To access the University Visitor Wi-Fi network, please follow these steps.

1. Ensure Wi-Fi is enabled on your device.
2. Select **Visitor** from available wireless networks.
3. Launch a web browser and access any website (On some devices this is done automatically).  
Your web browser will redirect to the Visitor login screen.
4. Enter these log-in details:  
Username = SAA2020  
Password = te&E7k
5. Click Connect / OK.

## Vote for the Best Student Presentation

Remember to vote for the Best Student Presentation during the SAA2020 Conference.  
The voting link is available on our website under the 'Awards' tab.

You can also access the voting form directly using this QR code.



## Help and Questions

If you require any assistance during the conference, please find one of our friendly volunteers who are wearing blue lanyards or organizing committee members who have a star sticker on their nametag. They can help with directions, program questions, and food options.

You can also email us at [saa2020aus@gmail.com](mailto:saa2020aus@gmail.com) and a member of the organizing committee will respond as soon as possible.

## Share your #SAA2020aus experience

If you don't share it on social media, did it even happen?

Please tag us in your photos, tweets, and gifs throughout the conference and follow us for any updates and announcements.



@SAA2020aus

#SAA2020aus

Do not forget to add "aus" at the end of these hashtags to distinguish us from the Society of American Archeology 2020 conference!

<p style="text-align: center;">SAA 2020 Conference Program</p> <p style="text-align: center;">Arts West North Wing (#148a) - University of Melbourne Parkville Campus.</p>				
<b>Session</b>		<b>Wednesday, 15th January 2020</b>		
		<b>Morning</b>		
9:00am – 9:45am		<b>Coffee / Tea and Registration</b> Atrium		
9:45am - 10:00am		<b>Welcome to SAA 2020 Australia!</b> Kathleen Fitzpatrick Theatre (Basement. Room 101)		
10:00am - 11:00am		<b>Keynote speaker</b> Using mobile sensing for just-in-time mental health intervention: The case of suicide prevention <i>Nicholas Allen</i> <i>University of Oregon</i> Kathleen Fitzpatrick Theatre (Basement. Room 101)		
11:00am - 12:30pm		<b>Symposium</b> - Tapping daily life in young adulthood: Novel approaches (and questions) Level 1. Room 156	<b>Individual Talks</b> - Methods Level 3. Room 353	<b>Individual Talks</b> - Substance Use Level 5. Room 556
	<b>Talk 1</b> 11.00am - 11.20am	Inside the Lives of University Students: The Daily Life Study <i>Tamlin S Conner, University of Otago</i>	Probing, visualizing and interpreting three-way interactions in multilevel models <i>Iris Reinhard, Central Institute of Mental Health, Mannheim; Heidelberg University</i>	Efficacy messages in health warning labels on cigarette packaging: A pilot RCT <i>Stuart G Ferguson, University of Tasmania</i>
	<b>Talk 2</b> 11.20am - 11.40am	Deficiencies or just detonators? Daily patterns of relationship stress. <i>Kathryn Modecki, Griffith University</i>	Compliance Thresholds in Intensive Longitudinal Data: Worse than Listwise Deletion <i>Nicholas C Jacobson, Geisel School of Medicine, Dartmouth College</i>	Investigating how brightness, loudness and place occupancy influence alcohol using short video clips <i>Florian Labhart, LaTrobe University</i>
	<b>Talk 3</b> 11.40am - 12.00pm	Measurement of alcohol use behavior and intoxication in day-to-day life <i>Michael Russell, Department of Biobehavioral Health, The Methodology Centre</i>	Can the EAR be used in Psychological Therapy? <i>Shaminka Mangelsdorf, Monash University</i>	A Smartphone App to Assess Alcohol Consumption: Development, Validity, Compliance, and Reactivity <i>Antoinette Poulton, University of Melbourne</i>
	<b>Talk 4</b> 12.00pm - 12.20pm	Discussant <i>Nicholas Allen, University of Oregon</i>	Eavesdropping on Missing Data: What Are People Doing When They Miss Experience Sampling Reports? <i>Jessie Sun, University of California, Davis</i>	An application intervention for alcohol misuse <i>Petra Staiger, Deakin University</i>
12:30pm - 1:30pm		<b>Lunch</b> Atrium		

Session		Wednesday, 15th January 2020 Afternoon		
		<b>Symposium</b> - Using Experience Sampling to Study Episodic Memory Level 1. Room 156	<b>Symposium</b> - Personality Dynamics in Daily Life Level 3. Room 353	<b>Individual Talks</b> - Body Image Level 5. Room 556
1:30pm - 3:00pm	<b>Talk 1</b> 1:30pm - 1:50pm	Examining dependencies among different time scales in episodic memory - An experience sampling study <i>Hyungwook Yim, University of Melbourne</i>	Costs and Benefits of Acting More Extraverted: A Randomized Controlled Trial <i>Rowan Jacques-Hamilton, University of Melbourne</i>	The quantified self: The effects of fitbit usage on body dissatisfaction and disordered eating <i>Isabel Krug, University of Melbourne</i>
	<b>Talk 2</b> 1:50pm - 2:10pm	The impact of emotion on episodic memory <i>Adelaide McKenzie, University of Melbourne</i>	Positive Affect Explains the Relation Between Extraversion and Authenticity <i>Luke D. Smillie, University of Melbourne</i>	Thinspiration and fitspiration in everyday life: An experience sampling study <i>Ashleigh Stefanovski, University of Melbourne</i>
	<b>Talk 3</b> 2:10pm - 2:30pm	Understanding memory for WHERE <i>Elizabeth Laliberte, University of Melbourne</i>	Are traits contextualised? <i>Haisu Sun, University of Melbourne</i>	The effect of Fitspiration on Body Image and Eating Patterns: An EMA Study <i>Isabel Krug, University of Melbourne</i>
	<b>Talk 4</b> 2:30pm - 2:50pm	The Geometry and Dynamics of Lifelogs: Discovering the Organizational Principles of Human Experience <i>Simon Dennis, University of Melbourne</i>	The influence of personality on ethical behaviour change: Meat consumption in daily life <i>Nicholas P. Tan, University of Melbourne</i>	-
3:00pm - 3:30pm	<b>Afternoon tea</b> Atrium			
3:30pm - 5:00pm	<b>AA Technology / App Workshop</b> Level 3. Room 356			
5.00pm	<b>Day 1 Close</b>			

Session		Thursday, 16th January 2020 Morning		
9:00am - 10:00am		Coffee / Tea and Registration Atrium		
10:00am - 11:00am		<b>Keynote speaker</b> What Ambulatory Assessment Can and Can't Do <i>Simine Vazire</i> <i>University of California Davis</i> Kathleen Fitzpatrick Theatre (Basement. Room 101)		
		<b>Symposium</b> – Getting emotional about exam results: One dataset, four approaches to emotional dynamics Level 1. Room 156	<b>Individual Talks</b> – Methods Level 3. Room 353	<b>Individual Talks</b> – Clinical Psychology Level 5. Room 556
11:00am - 12:30pm	<b>Talk 1</b> 11.00am - 11.20am	Ready for the Worst? Emotional Anticipation and Reactivity and Recovery from an Emotional Event <i>Elise K. Kalokerinos, University of Melbourne</i>	It's time to ask when: Investigating the timing of dynamics in intensive longitudinal data <i>Nicholas C Jacobson, Geisel School of Medicine, Dartmouth College</i>	Heart rate variability is associated with comorbid anxiety and depression in male adolescents <i>Lars Pieper, Behavioral Epidemiology TU Dresden</i>
	<b>Talk 2</b> 11.20am - 11.40am	The Relation between PA and NA becomes more Negative in Response to Personally Relevant Events <i>Egon Dejonckheere, KU Leuven</i>	Assessing relationship satisfaction with experience sampling: Achieving accuracy and reducing bias <i>Caroline Zygar-Hoffmann, LMU Munich</i>	Ecological momentary assessment and intervention within a blended therapy for hearing voices <i>Imogen Bell, Swinburne University of Technology</i>
	<b>Talk 3</b> 11.40am - 12.00pm	Putting feelings into words: Is emotional sharing associated with more emotion differentiation? <i>Laura Sels, University of Gent</i>	Causality in Complex Systems: Empirical Dynamic Modelling for The Social and Health Sciences <i>Michael Zyphur, University of Melbourne</i>	OCD-Relevant Intrusions in the Non-Clinical Population: An Ecological Momentary Assessment Study <i>Tess Jaeger, Deakin University, Burwood</i>
	<b>Talk 4</b> 12.00pm - 12.20pm	Achievement outcomes matter for some but not for others: Achievement goals and achievement emotions in anticipation of and response to important academic outcomes <i>Kirill Fayn, Max Planck Institute for Empirical Aesthetics</i>	-	-
12:30pm - 1:30pm		<b>Lunch</b> Atrium		



Session		Thursday, 16th January 2020 Afternoon		
		<b>Symposium</b> - Ambulatory Assessment to unravel real-life mechanisms underlying human physical activity	<b>Symposium</b> - Use of ambulatory assessment for interventions	<b>Individual Talks</b> - Emotions
		Level 1. Room 156	Level 3. Room 353	Level 5. Room 556
1:30pm - 3:00pm	<b>Talk 1</b> 1:30pm - 1:50pm	Time-varying associations between everyday affect and physical activity <i>Jinhyuk Kim, Shizuoka University</i>	The meta-analytic case for and against current use of smartphone apps for mental health interventions <i>Jake Linardon, Deakin University</i>	Ecological momentary assessment indicates greater well-being linked to context sensitive reappraisal <i>Simon Haines, Australian Catholic University</i>
	<b>Talk 2</b> 1:50pm - 2:10pm	Using Bluetooth signalling and activity monitors to assess the context of sedentariness at work <i>Bronwyn Clark, The University of Queensland</i>	The roles of feedback and brief content in app-based intervention studies <i>Matthew Fuller-Tyszkiewicz, Deakin University</i>	Emotion regulation flexibility and wellbeing in daily life <i>Fiona Maccallum, University of Queensland</i>
	<b>Talk 3</b> 2:10pm - 2:30pm	Combining Accelerometry and electronic diaries with Geoinformatics and Neuroimaging <i>Markus Reichert, Karlsruhe Institute of Technology (KIT and Heidelberg University).</i>	Leveraging social media for recruitment into app-based intervention studies <i>Suku Sukunesan, Swinburne University of Technology</i>	Predictors and outcomes of perceived emotion regulation success in daily life <i>Kristin Naragon-Gainey, University at Buffalo, SUNY; University of Western Australia</i>
	<b>Talk 4</b> 2:30pm - 2:50pm	Discussant <i>Ulrich Ebner-Priemer, Karlsruhe Institute of Technology</i>	Schema – an open-source, distributed mobile platform for deploying mHealth research tools and interventions <i>Adrian Shatte, Federation University</i>	Affective dynamics and Big Five trait predictors of mixed emotions in daily life <i>Kate Barford, Deakin University</i>
3:00pm - 3:30pm		<b>Afternoon tea</b> Atrium		



Session		Thursday, 16th January 2020 Afternoon	
		Flash talks	
		Kathleen Fitzpatrick Theatre (Basement. Room 101)	
3:30pm - 4:30pm	The Relationship Between Daily Fluctuations in Inhibitory Control and Binge Drinking <i>Gezelle Dali, The University of Melbourne</i>	Exploring gender differences in body image in daily life <i>Lachlan Morrish, Deakin University</i>	Regulating Emotion Systems in Everyday Life: Reliability and Validity of the RESS-EMA Scale <i>Hayley Medland, The University of Melbourne</i>
	Peril of self-reported adherence in digital interventions: daily diaries may not solve the problem <i>Jayde Flett, University of Otago</i>	Ecological Momentary Assessments in a Case Study Intervention: Proof of concept <i>Ben Fletcher, University of Otago</i>	Trait Regulation Goals in Daily Life <i>Reb Rebele, The University of Melbourne</i>
	Lessons from a Pilot Trial of an Ecological Momentary Intervention for Social Anxiety <i>Brendan Loo Gee, Australian National University and Australiasian College of Health Informatics</i>	Maladaptive emotion regulation in eating disorders: An investigation into the role of rumination <i>Alexandra Griffin, Deakin University</i>	
4.30pm - 6.30pm		Afternoon Drinks Atrium	
5.00pm - 6.00pm		SAA General Assembly Open for all to attend Level 4. Room 454	
6.30pm		Day 2 Close.	

Session		Friday, 17th January 2020 Morning		
9:00am - 10:00am		Coffee / Tea and Registration Atrium		
10:00am - 11:00am		<b>Keynote speaker</b> Future of Mental Health Sensing <i>Andrew T Campbell</i> <i>Dartmouth College</i> Kathleen Fitzpatrick Theatre (Basement. Room 101)		
11:00am - 12:30pm		<b>Symposium</b> - Using Ambulatory Assessment to understand factors contributing to alcohol use in emerging adults Level 1. Room 156	<b>Individual Talks</b> - Organisational Psychology Level 3. Room 353	<b>Individual Talks</b> – Clinical Psychology Level 5. Room 556
	<b>Talk 1</b> 11.00am - 11.20am	Drinking to feel good or avoid feeling bad?: The 'dark side' of alcohol use in students' daily lives <i>Hayley Treloar Padovano, Brown University</i>	Situational Predictors of Daily Affect at School <i>Rowan Jacques-Hamilton, University of Melbourne</i>	Daily Emotional Functioning in Social Anxiety Disorder <i>Caitlin Grace, Australian Catholic University</i>
	<b>Talk 2</b> 11.20am - 11.40am	Affect preceding drinking sessions predicts drinking levels in emerging adults: an EMA approach <i>Warren Logge, The University of Sydney</i>	Making it through the daily grind: Does energy management depend on the time of day? <i>Stacey Parker, The University of Queensland</i>	Ecological momentary assessment of loneliness in first episode psychosis <i>Brendan Munzel, Swinburne University of Technology</i>
	<b>Talk 3</b> 11.40am - 12.00pm	Using Ambulatory Assessment to understand factors contributing to alcohol use in emerging adults <i>Benjamin Riordan, The University of Sydney</i>	Daytime stress and mortality risk: An ecological momentary assessment study of Australian workers <i>Anna Scovelle, University of Melbourne</i>	Suicidal thoughts, suicidal behaviours and self-harm in daily life: A systematic review <i>Brendan Loo Gee, Australian National University; Australasian College of Health Informatics</i>
	<b>Talk 4</b> 12.00pm - 12.20pm	Discussant <i>Tamlin Conner, University of Otago</i>	Wearable Sensors in an Extreme Work Environment: Applying Computational Modelling - for Evaluation <i>Michael David Wilson, Future of Work Institute, Curtin University</i>	-
12:30pm - 1:30pm		<b>Lunch</b> Atrium		

Session		Friday, 17th January 2020 Afternoon		
		<b>Symposium</b> – Challenges and opportunities in the use of ambulatory assessment data Level 1. Room 156	<b>Symposium</b> – Emotions and Emotion Regulation in Daily Life in Nurses, Couples, and Students Level 3. Room 353	<b>Individual Talks</b> – Developmental Psychology Level 5. Room 556
1:30pm - 3:00pm	<b>Talk 1</b> 1:30pm - 1:50pm	Maximizing within-subject variance in AA <i>Ulrich Ebner-Priemer, Karlsruhe Institute of Technology</i>	A Multilevel Effects of Emotional Suppression on Resources and Social Support Seeking Behaviour <i>Helena Nguyen, The University of Sydney</i>	Daily Life Affective Dynamics and Emotion Regulation among Adolescents varying in Depression Risk <i>Lauren M Bylsma, University of Pittsburgh</i>
	<b>Talk 2</b> 1:50pm - 2:10pm	Reconsidering the value of summary statistics for evaluating variability in AA studies <i>Matthew Fuller-Tyszkiewicz, Deakin University</i>	How are We Doing? Examining Couples' Daily Wellbeing with a Dyadic Multilevel Modelling Approach <i>Rebecca Pinkus, The University of Sydney</i>	Students' perceptions of instructional quality: Validating three dimensions on a lesson-to-lesson basis <i>Irma Talic, University of Luxembourg</i>
	<b>Talk 3</b> 2:10pm - 2:30pm	Challenges and opportunities in designing and delivering just in time micro-interventions using AA <i>Joshua Smyth, Pennsylvania State University</i>	Extrinsic Emotion Regulation in Daily Life <i>Hannah Kunst, The University of Sydney</i>	Transdermal measurements and self-reported alcohol consumption during student orientation <i>Kelly van Egmond, La Trobe University</i>
	<b>Talk 4</b> 2:30pm - 2:50pm	Discussant <i>Peter Koval, The University of Melbourne</i>	Emotional Intelligence Relates to the Dynamics and Complexity of Emotions in Daily Life <i>Carolyn MacCann, The University of Sydney</i>	Validating social context EMA data with dyadic global positioning systems (GPS) data <i>Shirlene Wang, University of Southern California</i>
3:00pm - 3:30pm	<b>Afternoon tea</b> Atrium			
3:30pm - 5:00pm	<b>Mentor session</b> Level 3. Room 356			
5:00pm - 5:30pm	<b>Conference Close and Awards</b> Kathleen Fitzpatrick Theatre (Basement. Room 101)			
Starts 6pm	<b>Conference dinner</b> University House - Woodward			

With thanks to our conference sponsors and partners:

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Silver Sponsors:



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Thank you.

The Trading Circle: Empowering women to trade out of poverty, for supplying the conference lanyards and necklaces.

Paper-Go-Round for the seeded paper nametags. Remember to plant your nametag when you get home.